

Prayer to the Angels

All you heavenly powers, holy angels and archangels, pray to God for us sinners.

Prayer to All the Saints

Holy, glorious and all-praiseworthy apostles, prophets, martyrs, and all you saints: pray to God for us sinners.

Glorification of the Most Holy Trinity

The Father is our hope, the Son our refuge, the Holy Spirit our protection: O Holy Trinity, our God, glory to you.

Prayer of the Publican

God, be merciful to me, a sinner. God, cleanse me of my sins and have mercy on me. I have sinned without number, forgive me, O Lord.

In the name of the Father, and of the Son and of the Holy Spirit. Amen. (3)

** During the Great Fast we recite this penitential prayer with prostration:*

Prayer of Saint Ephrem

O Lord and Master of my life! Drive from me the spirit of indifference and discouragement, lust for power, and idle chatter. (prostration)

Instead, grant to me, your servant, the spirit of integrity, humility, patience, and love. (prostration)

Yes, O Lord and King! Let me see my own sins and not judge my brothers and sisters; for you are blessed for ever and ever. Amen. (prostration)

Followed by 12 small prostration, with the sign of the Cross:

God be merciful to me a sinner! (prostration)

God, cleanse me of my sins and have mercy on me! (prostration)

I have sinned without number, forgive me, O Lord! (prostration)

O Lord and Master of my life! Drive from me the spirit of indifference and discouragement, lust for power, and idle chatter. Instead, grant to me, your servant, the spirit of integrity, humility, patience, and love. Yes, O Lord and King! Let me see my own sins and not judge my brothers and sisters; for You are blessed for ever and ever. Amen. (prostration)

** From Pascha to the Ascension we recite this prayer instead of the Prayer to the Holy Spirit:*

Resurrection Troparion

Christ is risen from the dead, trampling death by death, and to those in the tombs giving life. (3)

And to us he has granted life eternal: we bow down before his Resurrection on the third day.

CATECHETICAL TRUTHS COMMANDMENTS

The Two Great Commandments (see Mt 22:37-39; Mk 12:30)

1. You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. This is the great and first commandment.
2. And a second is like it: you shall love your neighbour as yourself.

The Ten Commandments (see Ex 20:2-17)

I am the Lord your God.

1. You shall have no other gods besides me.
2. You shall not take the name of the Lord your God in vain.
3. Remember the Sabbath day (the Lord's Day), to keep it holy.
4. Honour your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbour's wife.
10. You shall not covet anything that is your neighbour's.

The Six Precepts of the Church

1. To worship God with the Church every Sunday, and on all holy days of obligation, participating in the Divine Liturgy and abstaining from hard work.
2. To fast and practice abstinence on the days appointed by the Church.
3. At least once a year, to confess one's sins in the Holy Mystery of Repentance (Confession), and to receive Holy Communion during the Paschal season.
4. Not to hold weddings or dances during prohibited times.
5. To shun immoral publications and internet sites; and to not distribute them, including electronic media.
6. To help the Church in her material needs according to one's ability.

Christian Righteousness

Shun evil and do what is good.